

Maggie R. Albright-Pierce

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EDUCATION

Ph.D. Social Psychology , <i>Rutgers University</i> , New Brunswick, NJ Advisor: Dr. Shana Cole Dissertation: <i>TBD</i>	Expected 2024
M.S. Social Psychology , <i>Rutgers University</i> , New Brunswick, NJ Advisor: Dr. Shana Cole Thesis: <i>Exploring difference-making in threatening social comparisons</i>	2022
M.A. Health Psychology , <i>Central Connecticut State University</i> , New Britain, CT Advisor: Dr. Joanne DiPlacido Thesis: <i>Cultural stressors, diabetic stress, and depressive symptoms among Latinxs with type 2 diabetes</i>	2017
B.S. Biopsychology , <i>Juniata College</i> , Huntingdon, PA Minor: Women & Gender Studies	2008

HONORS & AWARDS

Psychology Graduate Student Fellowship, <i>Rutgers University</i> (\$30,000)	2023
*Graduate Student Travel Grant, <i>Society for Teaching of Psychology</i> (\$750)	2023
*Social Area Award for Exceptional Teaching (\$125), <i>Rutgers University</i>	2023
Social Area Travel Award (\$130), <i>Rutgers University</i>	2023
Graduate Poster Award Winner (\$100), <i>Society for Personality & Social Psychology</i>	2023
Research & Travel Award (\$800), <i>Rutgers School of Graduate Studies</i>	2023
Graduate Student Travel Award (\$500), <i>Society for Personality & Social Psychology</i>	2023
*GPPD Career Development Grant (\$515), <i>POD Network</i>	2022
Social Area Travel Award (\$250), <i>Rutgers University</i>	2022
Social Area Award for Exceptional Service (\$125), <i>Rutgers University</i>	2021
*Social Area Award for Exceptional Teaching (\$125), <i>Rutgers University</i>	2021
Omicron Delta Kappa National Leadership Honor Society, <i>Juniata College</i>	2012
Psi Chi National Psychology Honor Society, <i>Juniata College</i>	2012
Roaring Spring Blank Book Scholarship, <i>Juniata College</i>	2011
HC & EF Will Biology Scholarship, <i>Juniata College</i>	2009
Charles M. & Lois Tromm Hill Scholarship, <i>Juniata College</i>	2009
Calvert Academic Scholarship, <i>Juniata College</i>	2008
Baker Elementary School Association Scholarship, <i>Juniata College</i>	2008

*Teaching grants, fellowships, and awards

PEER-REVIEWED PUBLICATIONS

Journal Articles

August, K. J., **Albright-Pierce, M. R.** & Markey, C. H. (2022). Examining health experiences and body dissatisfaction in two unique samples of patients with type 2 diabetes. *Journal of Health Psychology*, 1-14.

Nefs, G., **Albright-Pierce, M. R.**, Kanc, K., Feinn, R., & Wagner, J. (2020). Diabetes self-management decrements mediate the relation of stressful life events and HbA1c: Differences by race/ethnicity in adolescents. *Journal of Adolescent Health*, 67, 282-285.

Book Chapters

Markey, C. H., **Albright-Pierce, M. R.** & August, K. J. (2022). Raising body positive adolescents. In A. Aime, J. Dion, & C Maiano (Eds.) *Body Image: From Theory to Practice*. Quebec, Canada: University of Quebec Press.

Manuscripts In Preparation

Albright-Pierce, M. R., Rivera, G.*, Barnwell, P, & Cole, S. (in preparation). The upside of downward comparisons: Positive affective responses, reduced perceptions of stress, and greater prosocial behavior in the context of COVID-19-related stressors.

Albright-Pierce, M. R., Dominick, J., & Cole, S. (in preparation). The relativity of choice: Affective and motivational consequences of framing indulgent decisions.

Chawla, A.*, **Albright-Pierce, M. R.**, & Cole, S. (in preparation). Rationalizing temptation: Uncovering behavioral motivation in self-control dilemmas.

Matlock, K., **Albright-Pierce, M. R.**, Bermudez-Millan, A., Perez-Escamilla, R., & Wagner, J. (in preparation). Urban environmental threat, depressive symptoms, and insulin resistance among low-income Latinxs with type 2 diabetes.

Rivera, G.*, **Albright-Pierce, M. R.**, & Cole, S. (in preparation). Affective and motivational consequences of manipulating similarity in downward goal-relevant comparisons.

*Denotes undergraduate co-author/presenter

PRESENTATIONS

(Name changed from Albright to Albright-Pierce)

Oral Presentations & Invited Talks

Albright-Pierce, M. R. (upcoming 2023, October). Navigating the field of social psychology. *First Year Interest Group's Exploring Psychology as a Career Series*, Rutgers University.

Albright-Pierce, M. R. (2023, April). The relativity of choice: Affective and motivational consequences of framing indulgent decisions. *Social Psychology Colloquium Series*, Rutgers University.

Albright-Pierce, M. R. & Cole, S. (2023, March). Comparative coping: Emotional and behavioral consequences of social comparisons during COVID-19. *Eastern Psychological Association*, 2023 Annual Conference in Boston, MA.

Albright-Pierce, M. R. & Cole, S. (2023, February). “It’s all relative”: Comparing indulgent choices shifts perception, affect, and motivation in self-control failures. *Motivation Science Preconference*, SPSP 2023 Annual Preconference in Atlanta, GA. ***SPSP Travel Award**

Albright-Pierce, M. R. (2021, April). Comparative coping: The role of social comparisons in coping during the COVID-19 pandemic. *Social Psychology Colloquium Series*, Rutgers University.

Invited Workshops

Albright-Pierce, M. R. & Svensson, H. (upcoming 2024, April). Communicating science through effective poster design, *Regulation and Motivated Perception Lab Skill Development Workshop Series*, Rutgers University.

Albright-Pierce, M. R. (upcoming 2023, October). Developing inclusive course syllabi, *Teaching Assistant Project, Classroom Inclusivity Series (via OTEAR)*, Rutgers University.

Albright-Pierce, M. R. (2023, June). Anatomy of a scientific article, *Regulation and Motivated Perception Lab Skill Development Workshop Series*, Rutgers University.

Albright-Pierce, M. R. & Arunachalam, P. (2023, February). Cultivating a growth mindset: implications for student learning and inclusivity, *Teaching Assistant Project*, Rutgers University.

Maimon, M. & **Albright-Pierce, M. R.** (2022, November). Designing inclusive materials for psychology classrooms, *Inclusive Teaching Practices Series*, Princeton University.

Albright-Pierce, M. R. & Maimon, M. (2022, October). Fostering an inclusive classroom, *Teaching Assistant Project, Classroom Inclusivity Series (via OTEAR)*, Rutgers University.

Albright-Pierce, M. R. & Erber, E. (2022, February). Understanding student motivation for learning, *Teaching Assistant Project*, Rutgers University.

Maimon, M. & **Albright-Pierce, M. R.** (2021, November). Developing inclusive course syllabi, *Teaching Assistant Project*, Rutgers University.

Albright-Pierce, M. R. & Stevenson, E. (2021, October). Debunking popular learning myths in higher education, *Academy for the Scholarship of Teaching and Learning*, Rutgers University.

Kitchel, Z. & **Albright-Pierce, M. R.** (2021, March). Time management tips for TAs, *Teaching Assistant Project*, Rutgers University.

Albright-Pierce, M. R. & Erber, E. (2021, January). Empowering students through feedback, *Academy for the Scholarship of Teaching and Learning*, Rutgers University.

Albright-Pierce, M. R. & Brennan, K. (2020, June). Literature reviews 101, *Regulation and Motivated Perception Lab Skill Development Workshop Series*, Rutgers University.

Albright-Pierce, M. R. (2019, January). Giving your new year's resolution sticking power: Strategies for a healthier you!, *DanceFit Entertainment*.

Albright-Pierce, M. R. (2018, March). Teachers coaching behavior change, *Cheshire Academy*.

Poster Presentations

Read, W.*, **Albright-Pierce, M. R.**, & Cole, S. (2023, August). Perceptions of Well-Being Based on Balance and Gender. Poster presented at the RISE 2023 Research Symposium, New Brunswick, New Jersey.

Chawla, A.*, **Albright-Pierce, M. R.**, & Cole, S. (2023, April). The relativity of choice: How choice context influences affective and motivational consequences in goal pursuit. Poster presented at the Aresty Research Symposium, New Brunswick, New Jersey.

Chawla, A.*, **Albright-Pierce, M. R.**, & Cole, S. (2023, April). The relativity of choice: How choice context influences affective and motivational consequences in goal pursuit. Poster presented at the Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Rivera, G.*, **Albright-Pierce, M. R.**, & Cole, S. (2023, February). Affective consequences of difference-making in goal-relevant downward social comparisons. Poster presented at the 2022 annual meeting of the Society for Personality and Social Psychology, Atlanta, GA. ***Psi Chi Travel Award**

Albright-Pierce, M. R. & Cole, S. (2023, February). The relativity of choice: Affective and motivational consequences of framing indulgent food. Poster presented at the 2022 annual meeting of the Society for Personality and Social Psychology, Atlanta, GA. ***SPSP Graduate Poster Award Winner**

Rivera, G.*, **Albright-Pierce, M. R.**, & Cole, S. (2022, April). Coping with COVID-19: Spontaneous downward comparisons on social media during the pandemic. Poster presented at the Aresty Research Symposium, New Brunswick, New Jersey.

Rivera, G.*, **Albright-Pierce, M. R.**, & Cole, S. (2022, April). Feeling stressed but lucky: Do people make spontaneous downward comparisons when recounting COVID-19 stressors on social media? Poster presented at the Rutgers Undergraduate Research Symposium, New Brunswick, New Jersey.

Albright-Pierce, M. R., Rivera, G., & Cole, S. (2022, March). The role of social comparisons in emotion regulation and acute stress reduction. Poster presented at the 2022 annual meeting of the Society for Affective Science, virtual.

Albright-Pierce, M. R., August, K. J., & Markey, C. H. (2022, March). Examining Health Experiences and Body Dissatisfaction in Two Unique Samples of Patients with Type 2 Diabetes. Poster presented at the 2022 annual meeting of the Eastern Psychological Association, New York, NY.

Rivera, G.*, **Albright-Pierce, M. R.**, & Cole, S. (2022, March). Prosocial support during the COVID-19 pandemic: Examining affective and behavioral consequences of downward

comparisons during stress. Poster presented at the 2022 annual meeting of the Eastern Psychological Association, New York, NY. ***Psi Chi Travel Award**

Albright-Pierce, M. R. & Cole, S. (2022, February). Feeling lucky? The role of downward comparisons in boosting mood and decreasing stress during the COVID-19 pandemic. Poster presented at the 2022 annual meeting of the Society for Personality and Social Psychology, virtual.

Albright-Pierce, M. R. & Cole, S. (2021, May). Coping with the COVID-19 pandemic: The role of mindfulness and comparative gratitude in decreasing stress and improving well-being. Poster presented at the 2021 annual meeting of American Psychological Science, virtual.

Albright, M. R., DiPlacido, J., Wagner, J., & Pérez-Escamilla, R. (2018, March). Cultural stressors, diabetic stress, and depressive symptoms among Latinxs with type 2 diabetes. Poster presented at the 2018 annual meeting of the Eastern Psychological Association, Philadelphia, PA.

Albright, M. R., DiPlacido, J., Wagner, J., & Pérez-Escamilla, R. (2018, May). Cultural stressors, diabetic stress, and depressive symptoms among Latinxs with type 2 diabetes. Poster presented at the 2018 annual meeting of American Psychological Science, San Francisco, CA.

Albright, M. R. & Wagner, J. (2018, December). Stressful life events, metabolic control, and the mediation of regimen adherence among adolescents with type 1 diabetes: A brief report. Presented by Dr. Wagner at the 2018 International Conference of Endocrinology, Cape Town, South Africa.

Albright, M. R., Beschel, J.*, & Sikorski, J. (2016, March). Social support and hypermasculinity: An exploratory study. Poster presented at the 2016 annual meeting of the Eastern Psychological Association, New York, NY.

Beschel, J.*, **Albright, M. R.**, & Sikorski, J. (2016, March). Success-oriented men and the consequences of work-life imbalance. Poster presented at the 2016 annual meeting of the Eastern Psychological Association, New York, NY.

*Denotes undergraduate co-author/presenter

RESEARCH EXPERIENCE

Graduate Student Researcher & Laboratory Co-Manager

Regulation and Motivated Perception Lab. 2019 –present
Shana Cole, PhD., Rutgers University
Research Areas: Self-regulation strategies in goal pursuit and health/wellness

Affiliate Graduate Student Researcher

Healthy Development Lab. 2020 –present
Charlotte Markey, PhD. Rutgers University
Research Areas: Fostering positive body image

Research Assistant

Sikorski Lab. 2015 – 2016
 Jason Sikorski, PhD. Central Connecticut State University
 Research Area: Exploring the social influences and consequences of hypermasculinity

Division of Behavioral Sciences and Community Health. Fall 2016
 Julie Wagner, PhD. UCONN Health Center.
 Research Area: Racial differences in stress and health behaviors among adolescents diagnosed with type 1 diabetes

Friedman School of Nutrition Science and Policy. Tufts University Fall 2016
 Research Project: ChildObesity180

McLaughlin Lab. Ronald McLaughlin, PhD. Juniata College 2011– 2012
 Research Project: Creating end-of-chapter problems for a Statistics for Social Sciences textbook

UNDERGRADUATE TEACHING EXPERIENCE

Instructor

Rutgers University

Social Psychology (In-person) Summer 2023
Health Psychology (In-person) Summer 2022
Health Psychology (Online Asynchronous) Summer 2021
Infant & Child Development Laboratory (Online Synchronous) Summer 2020, 2021

Teaching Assistant

Rutgers University

Quantitative Methods Fall 2022, Spring 2023
Social Psychology Spring 2020, Fall 2021, Spring 2022
Atypical Child & Adolescent Development Fall 2021
Sensation & Perception Spring 2020
Introduction to Psychology Fall 2019, Spring 2022

Juniata College

Statistics for Social Sciences Laboratory Fall 2010

Guest Lecturer

“**The Healthy Mind**”, General Psychology, *Rutgers University* Fall 2019
 “**GMOs: Friend or Foe?**”, Human Biology, *Juniata College* Fall 2011

GRADUATE TEACHING EXPERIENCE

Instructor

Rutgers University

Designing Your Own Course Fall 2023
Introduction to Online & Hybrid Teaching Spring 2022, Spring 2023

K-12 TEACHING EXPERIENCE

Instructor

Cheshire Academy, Cheshire, CT

General Psychology

2017 – 2018

UNDERGRADUATE MENTORSHIP

Honors Thesis Supervisor, Rutgers University

Amaya Chawla

2022 – 2023

Thesis: *The relativity of choice: How choice context influences affective and motivational consequences in goal pursuit*

***Recipient of the Henry Rutgers Scholar Award (\$1,000)**

Gabriela Rivera

2021 – 2022

Thesis: *Spontaneous comparisons during COVID-19: Identifying downward comparisons and subsequent positive affect on social media during times of stress*

***Recipient of the Henry Rutgers Scholar Award (\$1,000)**

Cooper Fellowship Supervisor, Rutgers University

Gabriela Rivera (\$4,000)

2021

Ariana Morgan (\$3,900)

2020

Research Intensive Summer Experience (RISE) Supervisor, Rutgers University

Wyatt Read (\$6,000)

2023

Aresty Undergraduate Research Fellowship Supervisor, Rutgers University

Xinyue Fan *TBD

2023 – 2024

Amaya Chawla (\$800)

2022 – 2023

Gabriela Rivera (\$600)

2021 – 2022

PROFESSIONAL DEVELOPMENT

Rutgers Academy for the Scholarship of Teaching and Learning Fellow

2021 – present

[How to Analyze Qualitative Data Certificate Course](#), *UDemy*

2023

[Classroom Inclusivity Badge \(Level 1\)](#), *Rutgers University, OTEAR*

2022

Applied Principles in Behavior Change, *ACE*

2022

[Improving Your Classroom Skills Workshop Series Certificate](#), *Rutgers University*

2022

A Virtually Syntax Free Practical Introduction to Web Scraping, *University of Michigan*

2021

Graduate Writing, *Rutgers University*

2020

Questionnaire Design, *University of Michigan*

2020

Data Collection Using Wearables, Sensors, and Apps, *University of Michigan*

2020

Mentoring Research Undergraduates Badge, *Rutgers School of Graduate Studies*

2020

Introduction to College Teaching, *Rutgers University*

2020

Mental Health First Aid, *MHFA*

2017

Cognitive Behavioral Therapy Certificate Course, *PESI*

2017

Strengthen Your Writing Instruction, *BER*

2017

Motivation, Mindset, and Grit: Proven Strategies to Increase Learning, *BER*

2016

PROFESSIONAL SERVICE

Reviewer/Judge/Editor

Hidden Curriculum in Psychology (HICCUP) Blog Guest Editor	2023
Rutgers Undergraduate Research Journal Reviewer	2022

Departmental Service

Graduate Student Diversity & Climate Committee Member	2022—present
Social and Health Area Graduate Student Liaison	2021—2022
Social and Health Area Graduate Service Organization Treasurer	2020—2021
Social Area Student Handbook Co-Originator	2020

Other Service

Rutgers TA Project Program Coordinator	2021—present
STP "This is How I Teach" Blog Contributor	2023
SPSP Personal Statement Reviewer	Fall 2022
Rutgers Diversifying Psychology Panelist	Fall 2022
McNair Program Panelist	Spring 2022
Society for Personality and Social Psychology (SPSP) Peer Mentor	Spring 2022
TA Project Orientation Panelist	Fall 2020
Coleman Girls Group Co-Leader	2017 – 2018

RELEVANT PROFESSIONAL APPOINTMENTS

Consultant — <i>Bigger Pictures Consulting, Philadelphia Area</i> Mentored founding partners on the process of coaching to drive more meaningful collaborations with clients, collaborated on evidence-based practice for DEIB workshops, and developed client feedback surveys.	Summer 2023 – Present
Consultant — <i>Specialist of Schools Network, Philadelphia Area</i> Developed surveys for stakeholders of the network to assess how users utilize the website, analyzed data, and made recommendations to enhance website design.	Spring 2023
Health Coach — <i>Noom, Inc., Virtual Platform</i> Coached lifestyle change (i.e. weight loss or disease management) using motivational interviewing to administer individualized behavior change techniques.	2018 – 2019
Academic Support Specialist — <i>Cheshire Academy, Cheshire, CT</i> Provided academic coaching to struggling high school and post-graduate students, teaching general skills for academic success.	2016 – 2018
Academic Coach – <i>The Learning Center, CCSU</i> Provided academic coaching to students on academic probation, assisting them with general skills for academic success.	2015 – 2017

CERTIFICATIONS

- Health Coach, ACE Fitness
- Behavior Change Specialist, ACE Fitness
- CPR/AED, Red Cross

SPECIALIZED SKILLS

- | | |
|--------------------|-------------|
| • SPSS | • Qualtrics |
| • AMOS | • Canvas |
| • Inquisit | • Sakai |
| • RStudio | • Canva |
| • Microsoft Office | • Wix |

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (APA)
 - Division 2: Society for the Teaching of Psychology
 - Division 8: Society for Personality and Social Psychology
 - Division 38: Society for Health Psychology
- Society for Personality and Social Psychology (SPSP)
- Association for Psychological Science (APS)
- Society for the Science of Motivation (SSM)